



Safe Harbor  
of Northeastern Kentucky

# *The Anchor* Newsletter

Winter 2020 • [www.safeharborky.org](http://www.safeharborky.org)

## Candlelight Vigil 2019 Remembering and Honoring DV Victims

*October is Domestic Violence Awareness Month and every year Safe Harbor holds its annual Candlelight Vigil to honor individuals and groups that are advocates for victims and we also remember our victims who have lost their lives at the hands of a perpetrator and honor their memory. This year the Vigil was held on Wednesday, October 23. Safe Harbor honored Beech Street Christian Church and Lois Payne, a domestic violence survivor, for their long-standing support of Safe Harbor and its mission. Other special presentations included a song by Safe Harbor's children, directed by child advocates Holly Helphinstine and Bonnie Boyd. Elizabeth Writhe played the piano and Karen Curnutte sang The National Anthem. Board Vice President Alison Cristie read the list of names of women who had perished during the past year. Rev. Mark Kloha offered the invocation to open the Candlelight Vigil. Special thanks to Kroger on Deiderich Blvd. for donating flowers for the vigil.*



### From the Desk of Ann Perkins, Executive Director

Two of the most important issues in a successful life is having hope and being grateful. If we have these two virtues, I will almost guarantee that your life will be filled with good things. I am not necessarily talking about being rich monetarily, but in spirit.

Every holiday we are filled with hope that our community will reach out and touch our families and every year we are overwhelmed with gratitude for the acts of kindness and generosity that is bestowed on our most vulnerable families. What a wonderful Christmas season we had for our over 150 families at Safe Harbor. Thanks to all who made this holiday so special.

On another note, if you haven't heard, we are developing an art studio that will provide all kinds of artistic opportunities such as pottery, painting, quilting, sewing, knitting, crochet, crafts, and whatever local talent brings to us as a donated class.

If you know any talented folks in our community who are interested in teaching an art class of any genre, have them contact Tiffanie Buckner at 329-9304. We know the value that art brings to people and that it is a therapeutic tool that can bring joy and life- long hobbies, talents, and maybe even careers and opportunities to our victims.

We look forward to our Cornerstone luncheon on Tues. March 3, at Bellefonte Country Club. This is our opportunity to show our gratitude to partners in our community who serve our families. Call our office if you didn't get an invitation. We are open to all who are interested. Call Tiffanie at 329-9304.



#### 2012

Judy Fannin  
Jerry & Annie Mansbach  
The Mansbach Foundation  
Susan Fried  
Vicky Borders & members of the  
Boyd County Medical Alliance  
Clayton Hill  
Rep. Rocky Adkins

#### 2013

Jim Cantrell &  
Marathon Petroleum  
Dianne Clement  
Heather Van Deren  
Lynn Couchot

#### 2014

Holly Weidemann & AU Associates  
Mary Witten Wiseman  
The Foundation for the Tri-State  
Community  
Dan Huffman & The Woodlands  
Foundation  
Margaret Adkins  
First Lady Jane Beshear

#### 2015

Larry and Ann Higgins  
Dr. Laura Reese  
King's Daughters Medical Center  
Our Lady of Bellefonte Hospital  
Community Trust Bank

#### 2019

Sherry Currans & Kentucky  
Coalition Against Domestic  
Violence  
Kentucky Housing Corporation  
Legal Aid of the Bluegrass  
Emma Latherow  
Jack Latherow

#### 2016

Steve Gilmore  
Judge Peggy Patterson  
Marilyn Blevins  
Ron Dixon  
Deborah Williams  
Lowman Family Foundation

#### 2017

District Judge Scott T Reese  
District Judge Gerald Reams  
Ashland Police Department  
Ashland Fire Department  
River Cities Harvest  
United Way of Northeast Kentucky  
Sister Sally Neale  
Sister Maritia Smith

#### 2018

Dr. Kay Adkins  
April Perry  
Tri-State Ophthalmology  
Dr. & Mrs. Carter Gussler  
Dr. & Mrs. John Gross  
Claire Gussler  
Bruce Davis  
Pamela Fultz  
Rev. Mark Kloha

### Safe Harbor BOARD OF DIRECTORS

**SUSAN FRIED,**  
President  
**ALISON CHRISTIE,**  
Vice President  
**MICHAEL ROBINSON,**  
Treasurer  
**TINA MUSSETTER**  
Secretary

**Mia Brown**  
**Bruce Davis**  
**Pam Fultz**  
**Lisa Justice**  
**Rev. Mark Kloha**  
**Heather Van Deren**  
**Angela Wells-Coburn**  
**Matt Davis**





# Keeping Safe Harbor Healthy



***Thank you to the wonderful staff from Kings Daughters Medical Center who came to our shelter in January to provide mammogram services for our clients and staff.***



***Thank you Kings Daughters Medical Center and Our Lady of Bellefonte Hospital for offering flu shots for residents and staff at Safe Harbor.***



***Thank you Tawnia Jones at OLBH for providing CPR certification and recertification for our staff at Safe Harbor.***

## Safe Harbor Staff

**Executive Director**  
Ann Perkins

**Assistant Director**  
Shelia Boyles

**Director of Finance and Administration**  
Beth Lunsford

**Housing/ Maintenance Coordinator**  
Abbe Tomlin

**Maintenance Assistants**  
Brian Grimm  
Oliver Barber

**Volunteer/Outreach Coordinator**  
Tiffanie Buckner

**Transitional Coordinator**  
April Ison

**Case Manager Coordinator**  
Stephanie Brandon

**Legal/Outreach Advocate**  
Paige Stepp  
Shayna Conley

**Child Advocates**  
Bonnie Boyd  
Holly Helphinstine

**Client Advocates**  
Lauren Gardner  
Ashlee McMilan  
Rosie Smith  
Jessica Ayerst

Amanda Wyatt  
Linda Brown  
Jennifer Morrison  
Kay Reid  
Nancy Ross  
Shelby Norman  
Tamiko Griffith  
Bonnie Boyd  
Donna Hall  
Kaylee Haney  
Bailey Wallace

**Cafeteria Manager**  
Stephanie Callicoat  
Rene Fitch (Assistant)

**AmeriCorps**  
Alyshia Duncan  
Kayleigh Eddy  
Katlyn Sparks

**If you or someone you know is a victim of domestic violence, call  
1-800-926-2150 or (606) 329-9304**

# Thanks to our wonderful donors!

**During the past several months, the following donors, organizations, and businesses generously contributed to Safe Harbor of Northeast Kentucky:**

Network for Good  
Joyce Welch  
T. Sanchez, M.D.  
Diana Clark  
Dixie Driscoll  
Paul J. Semisch  
Mansbach Foundation for the Tri-State Community  
Margaret Adkins Charitable Trust  
Steak and Shake of Ashland, Inc.  
Summit RV  
Tri-State India Association of Huntington  
American Electric Power  
United Steel Workers of America No. 7047  
Johda J. Goodman  
First Christian Church Faith weavers  
Lowman Family Foundation Inc.  
Holy Family  
McMeans Pharmacy, Inc.  
Gregory and Victoria Hurst  
Carter H. and Theresia Gussler  
Warren and Paula Carter  
Zola White  
Kroger  
Sounds of Christmas Children's Charities  
Community Trust Bank  
Dianna Maynard

## In-Kind Donations

McDaniel Crossroads Church  
Ladies Auxiliary  
Cash Express  
Pollocks Jewelers  
Father Beiting Appalachia Mission Center  
McMeans Pharmacy  
First Christian Church  
Bellefonte Country Club Ladies Golf Association  
Gregory and Victoria Hurst  
Ashland Tennis Center  
Boyd County Police  
Beech St. Christian Church  
Souad Abul-Khoudoud  
St. Marys Hospital  
Jerry Groce  
Dr. Lauren and Tucker Schweikart  
Boyd Regional Juvenile Detention Center  
Michell King  
Raceland First Assembly Church  
Cheryl Spriggs and Ann Riffe-Daughters of the American Revolution  
Tomcats for a Cause  
Richard A. Hughes



**United Steel Workers of America No. 7047 donate \$740.00. (Pictured above is Beth Lunsford, Finance director at Safe Harbor, and Matt Jenkins.**



**Daughters of the American Revolution donated brand new towels to Safe Harbor (Pictured from left to right, Anne Riffe, Cheryl Spriggs and Ann Perkins)**

## Mission Statement:

**Safe Harbor of Northeast Kentucky is dedicated to eliminating domestic violence through prevention, education and intervention.**





***Safe Harbor welcomes Leadership Kentucky. Pictured above is Chief Medical officer at KDMC, Dr. Stacey Caudill who spoke on the Opiod Epidemic.***



***Ann Perkins, Director of Safe Harbor, leads the Ashland Alliance's Annual Youth Leadership Class as part of a day focused on social service agencies visiting Safe Harbor, Community Hospice, Community Kitchen and the Neighborhood.***



***Safe Harbor Staff volunteers for the CAREs Giving Tree at the Ashland Mall to help support the children in our community.***

**Safe Harbor will provide a free tax service this year. Please call Beth Lunsford at (606) 329-9304 for more information.**

**Please remember Safe Harbor in your will.  
Safe Harbor of Northeast Kentucky is a 501(c)3 charity.**





## Christmas at Safe Harbor

*In addition to making donations, community partners assist in many ways from coming up as a group and providing day-to-day volunteer services or hosting events for residents.*

*The members of Raceland First Assembly of God held a special Christmas celebration for Safe Harbor residents' and their children. Members of the congregation prepared a delicious holiday dinner and provided gifts to residents. It's a good thing Santa has elves throughout the FIVCO ADD. Safe Harbor houses and provides direct services to 150+ women and their families daily. It is because of our gracious donors that we have been able to assist our residents in providing Christmas for their children. We are extremely thankful for the businesses and individuals, who offer this support through hosting a toy drive, such as Pollock's Jewelers and Cash Express, adopting a family through the Giving Tree, or donating gift bags filled with special treats for our residents.*

***Thanks to Richard Hughes for being Santa for our children during our Christmas Dinner.***



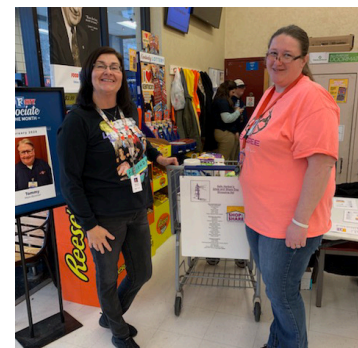
***Raceland First Assembly Church brings Christmas dinner and gifts to Safe Harbor residents.***

**Domestic violence services are funded, in whole or in part, from federal and state funds provided by the Cabinet for Health and Family Services through a contract with KCADV.**





## Shop and Share 2020



The annual Shop and Share day was held on February 1st and is a one day drive to gather non-perishable goods and necessities for domestic violence shelters across Kentucky, which supports victims and their children. Stores that participated were Ashland and Russell Kroger and Food City in Louisville. All donations purchased will go to Safe Harbor. We want to thank everyone who came out on that Saturday to donate and to Greenup and Boyd County Drug court volunteers and Safe Harbor staff that gave up their Saturday to help. If you are interested in volunteering for Safe Harbor or the next Shop and Share, please contact Tiffanie Buckner at 606-329-9304.

## KCADV/Safe Harbor ECONOMIC EMPOWERMENT PROGRAM

The Kentucky Coalition Against Domestic Violence (KCADV) provides a strong, statewide voice on behalf of survivors and their children. A lack of financial stability is one of the biggest deterrents for women who are considering leaving an abusive relationship. KCADV's Economic Empowerment Program took root when the directors of KCADV's 15 member programs identified helping survivors become economically self-sufficient as a top priority. The first step was creating an Individual Development Account, or IDA, program. IDAs are restricted savings accounts designated for a specific asset goal. The program will pull credit reports and provide ways for credit building.

### Matched Savings IDA

Used for unexpected expenses. Designed to help develop long term skills and build savings.

#### How It Works

- A client saves for 3-6 months
- We match the savings 1:1  
A client saves up to \$200, we match \$200  
A client gets up to \$400

### Car IDA

Used for an approved car purchase or related expenses. Designed to help survivors when reliable transportation becomes a barrier to employment, housing, schooling, or basic needs.

#### How It Works

- Client saves for 3-12 months
- We match the savings 1:1  
A client saves up to \$2,000, we match up to \$2,000 and the client gets up to \$4,000 towards purchase.

### Micro-Loans

This program is available to survivors of domestic violence with an interest in credit building. This loan will help build or establish credit.

#### How It Works

- Loans do not charge ANY interest
- Client pays a small, set payment for 12 months
- Advocate will help create a budget to manage regular payments

### Emergency Fund

Emergencies, such as car repairs, medical expenses, or outstanding debt.

#### How It Works

- Client must speak to an advocate to discuss qualifications



Pictured is Safe Harbor's Economic Empowerment Advocate, Alyshia Duncan. The program is provided to DV victims and survivors who are at Safe Harbor.



Safe Harbor  
of Northeastern Kentucky  
P.O. Box 2163  
Ashland, KY 41105

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*Please join us*

**Safe Harbor's annual Cornerstone Awards and 1,000 Women (and Men) Luncheon**

*Tuesday March 3, Noon*

*Bellefonte Country Club*

*Please call Beth at (606)329-9304 to make a reservation.*

**Cornerstone Honorees:**

Judge Robert Conley

Judge Jeffrey L. Preston

Judge George W. Davis

Judge John Vincent

Mike Robinson

Valerie James

**Save the Date!**  
**Safe Harbor's 13th**  
**annual Lobster Fest**  
**August 15, 2020**  
**Bellefonte Country**  
**Club**

